Government of Saskatchewan

Annual Report 1982-83

Saskatchewan Alcoholism Commission

The Saskatchewan Alcoholism Commission

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Highlights of the Alcoholism Commission for 1982-83

- Nine new members were appointed to the Board of the Commission in September 1982. The Board has been very busy on policy and planning issues within the Commission. A comprehensive policy review by the Board resulted in a new and revised policy book. The Board also presented a brief to the Liquor Laws and Regulations Review Committee.

- A reorganization of the Commission was implemented in August 1982 with new Regional Directors appointed for the Southern and Central Divisions of Regional Services. In October, alcohol programs from the Department of Northern Saskatchewan were realigned to the Alcoholism Commission and a Regional Director was appointed in La Ronge. In March 1983, a new Assistant Executive Director, Provincial Services, was appointed.

- A major accomplishment was the presentation of the first National Alcoholism Counsellor Training Seminar in Regina which attracted representatives from numerous agencies across Canada. The Commission was actively involved for three years in the development and delivery of this national curriculum, sponsored by Health and Welfare Canada and the National Planning Council.

- In cooperation with the University of Saskatchewan and University of Regina, the Commission initiated the first Referral Agent Training Courses in Saskatchewan for industry representatives of Employee Assistance Programs (E.A.P.). The E.A.P. Task Force Report was also released.

- Due to increased awareness of the effects of alcohol and drug abuse among adolescents, there has been an emphasis on developing print material and programs for youth and parents at the community level.

- Heavy demands for further information on all drugs continued to be experienced.

- The first annual Interagency Meeting including all funded agencies and Saskatchewan Alcoholism Commission was held.

Saskatchewan

Minister of Health

Legislative Building
Regina, Canada
S4S 083

June 30, 1983

To the Honourable F. W. Johnson,
Lieutenant Governor of Saskatchewan.

May It Please Your Honour:

Pursuant to Section 11(2) of The Alcoholism Commission of Saskatchewan Act, I respectfully submit, for your consideration, the Annual Report of The Saskatchewan Alcoholism Commission for the fiscal year ending March 31, 1983.

Respectfully submitted,

Graham Taylor

Graham Taylor,
Minister of Health.

Saskatchewan

Saskatchewan Alcoholism Commission

3475 Albert Street
Regina, Canada
S4S 6X6

June 30, 1983

To the Honourable Graham Taylor,
Minister of Health.

Dear Mr. Taylor:

It is my honour to present, on behalf of The Saskatchewan Alcoholism Commission, the Annual Report and audited financial statements for the fiscal year ending March 31, 1983.

Respectfully submitted,

Saul Cohen

Saul Cohen, M.D.
Chairman.

Chairman's Statement

The 1982/83 fiscal year has been a very active year as far as the Board of the Alcoholism Commission of Saskatchewan is concerned. The year began with the appointment of the Honourable Graham Taylor as the new Minister of Health, responsible for the Commission. In addition, there were nine new members appointed to the Board in September. These members have been extremely busy orientating themselves with the various activities of the Commission.

One of the major activities undertaken by the Board included a review and development of Commission policies on responsible behaviour regarding alcohol, media advertising of alcohol, price maintenance of alcohol with relationship to disposable income, research studies involving the Commission's clients, alcoholism as an illness, marijuana, promotional advertising of alcoholic beverages, and relationship to Alcoholics Anonymous.

During 1982-83 the Board presented a comprehensive brief to the Liquor Laws and Regulations Review Committee. It was pointed out to this particular committee that increased availability would lead to increasing consumption rates of alcohol paralleled by increasing levels of alcohol and other drug abuse with major health, social and economic consequences.

During the first annual Interagency Meeting, the Board met with the third-party agencies and stressed the need for a coordinated, comprehensive and balanced approach to combat the abuse of alcohol and drugs in our society. The Board made it amply clear to the various agencies that the community teamwork approach in the area of alcohol and drug treatment and education continues to be a very high priority and, therefore, stressed the importance of coordination.

The reorganization of the Commission's staff to meet the present needs in the area of prevention, intervention and rehabilitative measures related to alcohol and other drug use and abuse is now nearing completion. During the last year, Regional Directors were hired for the Southern, Central and Northern Divisions of Regional Services. This action was coupled with the realignment of the Northern Alcohol Programs to the Alcoholism Commission in October. The Central and Southern Regional Directors have assumed responsibility for the rehabilitation programs in their area. These changes have also resulted in a modification of the duties undertaken by the Medical Director who now forms part of the senior management team and is responsible for medical and professional liaison, clinical consultations, development of protocols and guidelines for the Commission and funded agencies, program planning and professional training. Reorganization within Provincial Services has not advanced at the same rate. However, work is now ongoing to ensure that this section of the Commission is able to meet the needs of the Commission and its publics.

Continuing dialogue was carried out with the Associate Dean of Medicine, Dr. Spooner, to ensure that education in the field of alcohol and drugs and chemical dependency be continued and expanded as an integral part of the changing curricula in the medical school. In addition, the Saskatchewan Medical Association Board heartily endorsed the efforts of the Saskatchewan Physicians at Risk Committee (S.P.A.R.C.) in the area of reaching out and making a contribution towards helping medical colleagues who exhibit the symptoms of the disease of chemical addiction.

One of the major highlights of 1982 was the opening of the new Myers House in Regina. The house was completely renovated and comfortably furnished providing 35 beds for men and women. This brings the total number of treatment beds operated or funded directly by the Commission to 242 consisting of 81 in detox, 147 in treatment and 14 in half-way houses.

Other program highlights of the year included continued involvement in the Safe Graduation Program; provision of a grant to Globe Theatre to develop a play on alcohol and drugs for Division III and IV high school students; hosting of the Canadian Addictions Foundation's Special Interest Group on Program Evaluation in Regina which attracted researchers from across the country; the sponsoring of Dick Schaefer, who lectured on 'Tough Love' to staff of the Commission, Psychiatric Services Branch of Saskatchewan Health and Social Services as well as to the general public in Saskatoon, Regina and Moose Jaw; hosting of the first national Addicitions Counsellor Training Program for Canada in Regina during February and the initiation of a professional lectureship series, with Dr. Kevin Fehr of the Addiction Research Foundation speaking on marijuana.

The 1982-83 year has been a successful and exciting year for the Alcoholism Commission of Saskatchewan, presenting many issues and concerns. In an attempt to devise new strategies to address the challenge of alcohol and drug problems in our society, the Commission feels that educational programs at community levels throughout the province must be expanded and complemented by development of alcohol education in school as part of the curriculum. In addition, a comprehensive range of rehabilitation programs is concurrently required in order to adequately respond to the increased demands for services. The framework for new policy initiatives and coordinated program activities will require a coordinated and consistent alcohol policy across all government agencies in order to combat a further increase in alcohol abuse through a combination of education, rehabilitation and regulatory measures.

Saul Cohen

Saul Cohen
Chairman.

The Saskatchewan Alcoholism Commission
Members of the Board

As of March 31st, 1983

The Hon. E. M. Culliton
Honorary Chairman
Regina

Dr. S. Cohen
Chairman
Regina

Mr. G. Loewen
Regina

Mrs. C. Skelton
Harris

Sister B. Gallinger
Humboldt

Mr. M. Gusway
Regina

Dr. W. E. Code
Hudson Bay

Mr. D. Bleakney
Turtleford

Mrs. B. McKnight
Wartime

Mr. J. Travaglini
Saskatoon

Mrs. M. Myers
Hughton

Sister T. Roddy
Estevan

Mr. C. Watson
Broadview

History

The Bureau on Alcoholism, which preceded the Saskatchewan Alcoholism Commission, was established in 1953 under the administration of the Department of Social Welfare and Rehabilitation. Reflecting a growing perception of alcoholism as a health problem with social implications, responsibility for the Bureau was shifted to the Department of Public Health during the 1965-66 fiscal year. In July 1967, the Culliton Report (Report of the Special Committee on Alcoholism to the Minister of Public Health) recommended the establishment of a commission on alcoholism and, as a result of this report, *The Alcoholism Commission of Saskatchewan Act* was passed in 1968.

Legislative Authority

The Alcoholism Commission operates under the authority of *The Alcoholism Commission of Saskatchewan Act* (R.S.S. 1978). The *Act* provides for at least eight and not more than twelve Commission members appointed by the Lieutenant Governor in Council. The Chairman and three members of the Board hold office at the pleasure of the Lieutenant Governor in Council. The remaining members are appointed for three-year terms and may not hold office for more than two consecutive terms. The members of the Board are appointed from throughout the Province and represent many disciplines.

The Saskatchewan Alcoholism Commission was created to address matters of addiction to alcohol and other drugs and is charged with providing leadership in research, prevention and treatment in the addictions field. The purpose of the Commission, therefore, is to counteract the incidence and prevalence of alcohol and other drug abuse in Saskatchewan.

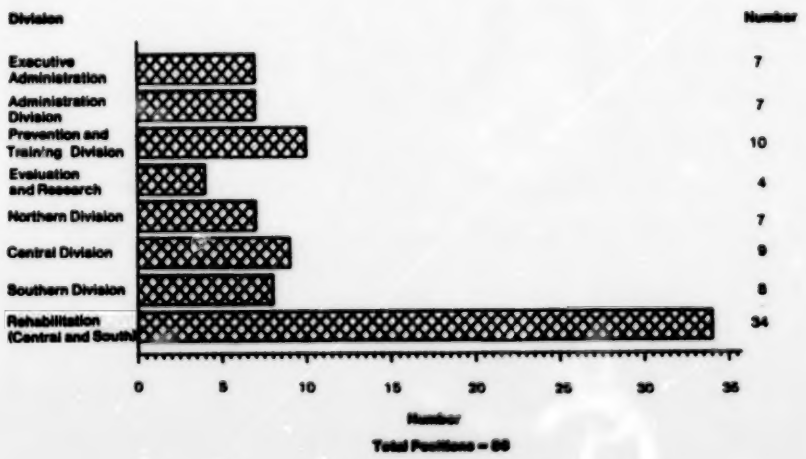
Board of Directors

The Board of Directors held nine (9) meetings during the 1982-83 fiscal year. There were nine (9) changes in Board membership during the year.

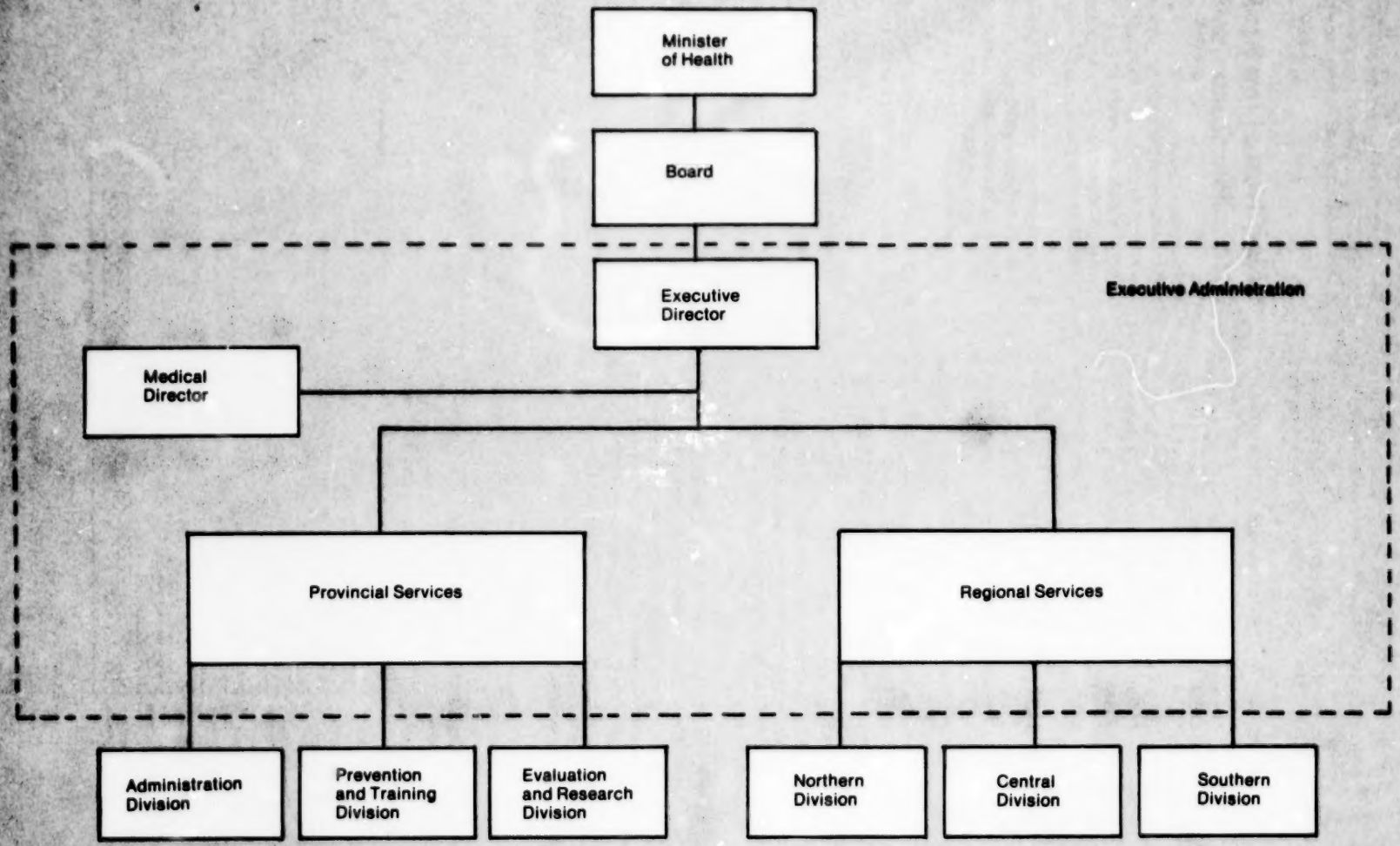
Objectives of the Saskatchewan Alcoholism Commission

- To promote greater community awareness of the dimensions of the problem with a view to community action and to foster and maintain healthy attitudes and behaviour patterns of the general population so as to reduce the risk of problems with alcohol and other drug abuse.
- To provide early intervention to identify and rectify irresponsible use and abuse of alcohol and other drugs by the population at risk so as to reduce the social and emotional costs of current behaviour and promote healthier lifestyles.
- To assist, through community-based programs and cooperation with the social and legal systems, alcoholic and other chemically dependent persons, their families and associates to cease current problematic behaviour and avoid recurrence of such behaviour.
- To increase awareness of the resources and alternatives available in Saskatchewan to deal with the problems relating to alcohol and/or other drug use, abuse and dependency.

Staff Distribution — as of March 31, 1983



Organization Chart



Organization of the Commission

Effective April 1, 1982 the Commission was organized into two components: Provincial Services and Regional Services. Within Provincial Services, the Prevention and Training Division replaced the former Education Division of the Commission. Within Regional Services, alcohol programs coordinated by the former Department of Northern Saskatchewan were transferred to the Saskatchewan Alcoholism Commission and became the Northern Division. The former Northern Division became the Central Division. The Southern Division remained unchanged.

Staff Distribution

The number of approved permanent staff on March 31, 1983 was 86 with distribution by divisions as follows:

Total	86
Executive Administration	7
Provincial Services	
Administration Division	7
Prevention and Training Division	10
Evaluation and Research	4
Regional Services	
Northern Division	7
Central Division	9
Southern Division	8
Rehabilitation (Central and Southern Divisions)	34

Executive Administration

Executive Administration is responsible for executive and professional support to the Chairman and the Board and for the direction of Commission operations. Executive Administration is also accountable for the provision of medical direction and consultation to clinical programs, the management of Provincial and Regional Services, and liaison with provincial and federal agencies.

Provincial Services

Provincial Services is responsible for providing a broad range of administrative, educational and other support services to individuals, agencies and communities. It is organized into three main divisions: Administration; Prevention and Training; and Evaluation and Research. In addition to coordinating the activities of its three main divisions, Provincial Services is also responsible for funded agency negotiations and coordination of the Impaired Driver Treatment Program.

Administration Division

The Administration Division is responsible for the administrative direction and control of Commission activities including the implementation of Board policies and the funding of allied agencies. It provides centralized services for accounting and personnel needs within the Commission as well as maintaining budgetary and inventory control of Commission resources.

- **Allocation of Funds**

The legislative appropriation of 1982-83 was $6,500,900. During the 1982-83 fiscal year, $545,163 was received from the federal government Vocational Rehabilitation of Disabled Persons Program (V.R.D.P.) as its contribution to expenditures on Commission rehabilitation programs. Part of this funding helped clients improve their education to increase employment opportunities.

Donations of $4,498 were received and subsequently deposited in the Contingency fund. The total equity of this fund as of March 31, 1983 was $65,174.

The following table shows the expenditure breakdown for the period April 1, 1982 to March 31, 1983 by division:

Executive Administration	$ 353,632
Provincial Services	
Administration Division	337,264
Prevention and Training Division	348,008
Evaluation and Research Division	150,116
Regional Services	
Northern Division*	109,604
Central Division	291,304
Southern Division	312,887
Rehabilitation (Central and Southern Division)	1,765,791
Grants (excluding Myers House)	2,746,888
Total	$ 6,415,294

*Funds allocated for six (6) months of operation.

Complete financial statements are on pages 18 to 23.

- **Grants and Contracts**

In 1982-83, the Commission provided grants and contracts totalling $2,992,511 for services provided by the following agencies:

Detoxication Facilities:

- Larson House, Saskatoon
- Gusway-Gerry Residence, Regina
- Angus Campbell Centre, Moose Jaw
- Walter A. "Slim" Thorpe Recovery Centre, Lloydminster

Rehabilitation Facilities:

- St. Louis Alcoholism Rehabilitation Centre, St. Louis
- Native Alcohol Council Rehabilitation Centres, Regina, Prince Albert and Saskatoon

Community Education and Out-patient Facilities:

- Native Alcohol Out-patient and Crisis Centres, Prince Albert and Regina
- Yorkton and District Alcoholism Society
- Danny Fisher Centre, Kindersley
- Prince Albert Council on Alcohol and Drug Abuse
- Battlefords Out-patient Centre
- Melfort Out-patient Centre

Halfway House:

- Crysler Residence, Saskatoon

Others:

- Federation of Saskatchewan Indians (Education)
- Native Alcohol Council (Core Fieldwork Program)
- Community Development
- The Commission also contracted to pay operating costs for Myers House in Regina, a residence providing 24-hour supervision of clients attending the Regina Rehabilitation Centre.

- **Funded Resources**

Treatment and Holding Facilities — Patients are not admitted to the treatment and rehabilitation program until they are withdrawn from alcohol and other drugs. In order to facilitate withdrawal under supervised conditions, the Commission contracted with Gusway-Gerry Residence in Regina and Larson House in Saskatoon, both privately operated, Walter A. "Slim" Thorpe Recovery Centre in Lloydminster, operated by Walter A. "Slim" Thorpe Recovery Centre Society, and Angus Campbell Centre in Moose Jaw, operated by the Moose Jaw and District Alcoholism Society, to provide detoxication services.

These facilities are used as detoxication, assessment and referral centres. Patients are referred either to the Commission for treatment or to other resources such as Alcoholics Anonymous and others for ongoing and follow-up support. General hospitals have increasingly been admitting persons in acute states of dependency and facilitating detoxication prior to referral to the Commission for treatment.

When discharged from treatment, patients are referred to the Commission's regional coordinators and other resources in their communities for ongoing help.

Societies — The Commission works closely with non-profit community societies and private agencies which provide other services to alcoholics in a number of Saskatchewan communities.

Other Resources — The Commission utilizes other resources available within the province, including Family Service Bureau, Vocational Rehabilitation of Disabled Persons (V.R.D.P.), Native Alcohol Council (N.A.C.) and self-help groups such as Alcoholics Anonymous, Al-Anon and Alateen, to assist alcoholics and other drug dependent persons and their collaterals.

Prevention and Training Division

The Prevention and Training Division is a centrally-located support group with the objective of providing information, materials and resource personnel to other Commission staff and to the general public. These goals are met by utilization of a number of established and new strategies. Support programs carried out by the division concentrate on providing information through various means such as lending films, producing and providing printed materials, library services and training seminars.

- **Information Programs**

The distribution of information is achieved through a number of strategies, one of which is to provide access to information materials such as pamphlets, brochures and other publications. During 1982-83, a number of new pamphlets, directories and resource manuals were prepared and disseminated. Due to the increased awareness of the effects of alcohol and other drug abuse among adolescents, there has been an emphasis on programming for youth. Two popular information programs include:

– **Mobile Youth Display**: In accordance with the Commission's mandate, the Mobile Youth Display has proven to be an effective means of providing information about the various resource materials for alcohol and other drug education. The Youth Display has completed its first full year of operation, and was booked to its maximum by mainly educational institutions (i.e. — schools and universities). Since the demands for the display were far greater than actual bookings, the Commission has taken steps to encourage and assist school boards to establish their own mobile youth display. Nine school boards have favourably responded.

– **The Sourcebook**: The third revised edition of *The Sourcebook* became available in March, 1983. This comprehensive listing of various youth resources for alcohol and other drug education programming contains the names and addresses for obtaining films, posters, human resources, pamphlets, kits, manuals and books as well as prices and synopses for a suggested starter library. As with the Mobile Youth Display, *The Sourcebook* also has the purpose of encouraging community ownership of resource materials.

- **Film Library and Displays**

The film lending service, which provides films and other audio-visual productions to individuals and organizations on request, continues to link the Commission with the public. A *Film News Memo* summarizing film evaluations and recommendations on alcohol and drug materials is published for interested agencies and individuals. During 1982-83, a variety of displays were prepared for use throughout the province in schools, exhibitions and shopping malls and at conventions for health care professionals, teachers, women and youth.

- **Library Services**

The library, which is open to Commission staff and the general public, has a substantial collection of journals, books, government documents, pamphlets and reports in the addictions field. During 1982-83, a computerized literature search service, using Dialog and B.R.S. services, was established to facilitate access to recent research in the field of addictions and related areas. Other services provided include lending, reference and interlibrary loan. During 1982-83 the library experienced a substantial increase in requests for service due to enhanced staff and general public awareness.

- **Employee Assistance Program**

From its inception in 1977 up to the end of the 82-83 fiscal year the number of employees in Saskatchewan now having access to this program has increased from approximately 12,000 to more than 100,000. During 1982-83 organizations developing programs included Saskatchewan Pharmaceutical Association, Saskatchewan Transportation Company, Revelstoke Companies Limited and Saskatchewan teachers organizations. At present the Commission provides consultation to 40 organizations with the demand for services increasing at a rapid rate. The program is endorsed by employer and employee groups and is seen as an excellent preventive program and intervention technique. Present trends indicate an ever increasing demand on Commission services in the future. A task force, comprised of participants from employer and employee groups of the public and private sectors of Saskatchewan industry completed their review of the Employee Assistance Program. The Task Force Report was released to appropriate individuals and organizations.

- **Provincial Liaison**

Liaison with the interagency committee for Safe Graduation resulted in a number of successful Safe Graduation programs being conducted throughout the province. These programs, in turn, led to an increased demand for resource materials.

The Alcoholism Commission was represented on the Regina Alcohol and Drug Liaison Committee. The committee was organized by the Department of Education and has been in existence for one year. Their ultimate objective is to provide youth and families in Regina with preventive and ongoing services which are not offered by other agencies.

The Commission was represented on the Advisory Committee to the University of Regina Extension Division. The objective of the advisory committee is to develop curriculum guidelines for the certificate program in *Alcoholism — Chemical Dependencies Studies*.

The Saskatchewan Alcoholism Commission continued to maintain representation and involvement in the Saskatchewan Interagency Council on Smoking and Health, and the Social Worker Care Group — Regina Division.

- **Training Programs**

– **Mini-Course**: The Mini-Course is a four and one-half day information and problem solving program on alcohol and other drug abuse. One hundred and fourteen people attended the 11 mini-course seminars held in 1982-83. Participants included staff of the Commission and funded agencies as well as the general public and interested professionals.

– **Addictions: Services and Knowledge (A.S.K.)**: the A.S.K. Program was offered to nine high schools, with a total of 26 students attending the one week program. Students then returned to their respective communities and shared the information and experiences gained from the program with peers, parents, teachers and community organizations. During the course of the year, four meetings were held to provide A.S.K. students with a drug and alcohol information update.

Participant involvement in both the Mini-Course and A.S.K. Program is facilitated by referrals from Regional Services.

– **Orientation Seminars**: All Commission staff received an *Orientation Kit and Reference Manual* plus a half-day training session on its implementation. Supervisory personnel participated in a one day seminar entitled "Orientation-Supervisory Training".

– **Basic Knowledge Seminars**: "Pharmacology" and "Prevention" were offered for Commission staff and allied agency personnel. A new Basic Knowledge seminar entitled "Addictions I" was developed and offered in early 1983. In addition, long term plans for 1983-84 are to develop and implement the final three components of the Basic Knowledge Course which are entitled "Addictions II", "Basic Medical Knowledge" and "Treatment Modalities".

– **Inservice Seminars**: Two half day inservice seminars entitled "Ethics" and "Effective Presentation" were provided to Commission staff upon request.

– **Professional Lectureship Series**: In October, 1982 the Commission initiated a professional lectureship series with a seminar offered by a research scientist from the Addictions Research Foundation, Ontario, entitled "Cannabis 1982". It was open to professionals, commission staff and allied agency personnel.

– **Practicum**: A practicum is provided through Calder Centre, Saskatoon and Regina Rehabilitation Centre for students and other helping professionals interested in the problems of chemical dependencies. Some of the participants include students from nursing (Degree and Diploma programs), psychiatric nursing, medicine, and social work faculties. The practicum ranges in length from two weeks to three months.

– **Orientation Experiences**: A half day experience aimed at providing an orientation to the rehabilitation program is offered to pharmacy and medical students, and other groups such as geriatric aides, Grade XII Home Economics classes, and Community College groups.

Prevention and Training Division Statistics

	1981-82	1982-83
Print and AV Distribution:		
Pamphlets	207,434	153,664
Folders	1,368	837
Posters	1,532	2,144
Films and Video Tapes	928	1,941
Manuals	201	335
Public Relations:		
Written Releases	9	12
Speaking Engagements	46	17
Displays	30	41
Training:		
Training Courses (number of days)	142	104
Practicum Students	218	210
Orientation Experience Students	158	184
Library Services:		
Requests for information	*	107
Computer searches		29
Interlibrary loans		64
Circulation (books or pamphlets)		345

*No statistics available for 1981-82

Evaluation and Research Division

The Evaluation and Research Division is responsible for promoting, initiating and conducting research on alcohol and other drug-related disabilities. Research is aimed at planning and evaluating programs and policies with a view towards improving delivery of services and counteracting alcohol and drug abuse. Research is conducted into the nature and extent of alcohol and other drugs in order to provide a basis upon which to develop new programs and policies or modify and improve existing ones.

- **Evaluation**

The division completed a six month follow-up study of clients admitted to the St. Louis Alcoholism Rehabilitation Centre during 1981-82 as part of the Impaired Driver Treatment Program (I.D.T.P.). The division is also participating in a more comprehensive outcome evaluation of I.D.T.P. As part of a process of evaluation of the Commission's rehabilitation centres, the division monitors and analyzes the delivery of services, client profiles and trends.

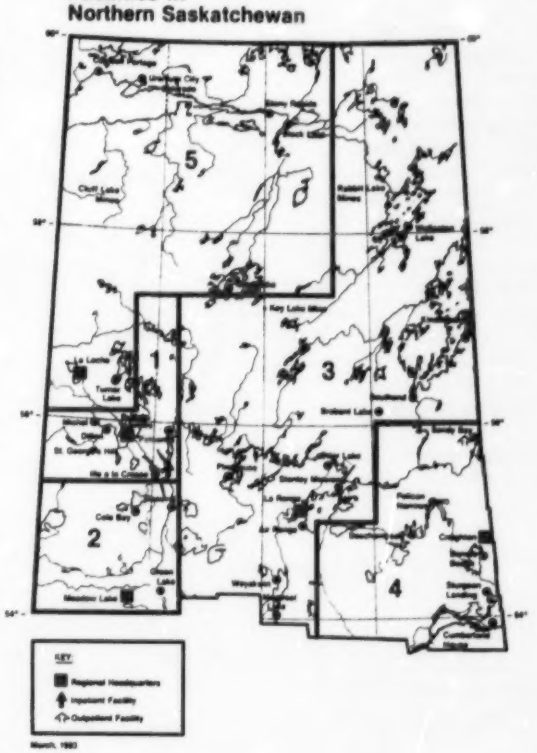
- **Information System Monitoring**

The division monitors the treatment services of the Alcoholism Commission and of the Impaired Driver Treatment Program through a computerized information system. The monitoring of treatment services provided by the funded agencies is undertaken on a manual basis. This information is compiled and analyzed as part of an overview and profile of treatment services for planning and evaluation.

- **Research**

The division gathers and analyzes relevant statistics and other pertinent data as part of baseline and policy research. A comprehensive community and health region profile was developed for alcohol-related arrests and hospital separations for the year 1981. This information is used in the planning of addictions services in Saskatchewan.

Regional Alcoholism Facilities In Northern Saskatchewan



Regional Services

Regional Services maintains the direct delivery system of the Commission. It is organized into three geographic divisions (Northern, Central and Southern) whose main functions are community services and rehabilitation.

• Community Services

The purpose of Community Services is to mobilize and activate the communities of Saskatchewan into action on alcohol and other drug abuse problems. Through coordinators in 16 regions of Saskatchewan, Regional Services works with communities in developing and utilizing a coordinated teamwork approach to enable them to deal with the problems related to all forms of drug abuse.

Community Services extends the resources of the Commission at the regional level by promoting awareness and understanding of the extensive problems associated with chemical use, abuse and dependency, and involving the community in comprehensive action.

Community Services Statistics, 1981-82 and 1982-83

	1981-82	1982-83
Community contacts	6,265	4,293
Out-Patient counselling	5,430	3,079
Education Programs:		
a) General Education Programs	1,982	696
Estimated audience	18,923	18,664
b) Education Programs for Employers	16	16
Estimated audience	154	221
c) "Another Chance" parent group		
Number of sessions presented (1 evening x 6 weeks)	1	7
Number of participants	12	95
Impaired Driver Treatment Program:		
Community contacts	249	1,185
Counselling	3,512	2,370
Total number of I.D.T.P. clients	397	601

• Community Development

In 1982-83, there continued to be a steady increase in the public's awareness of alcohol and other drug problems, particularly with respect to programs for youth.

The regional staff worked extensively with community educational committees, each level of the school system (from school boards and superintendents to students and parents), employers, unions, churches, service clubs, the justice system, social services and self-help groups — all of whom are important community resources. The regional staff assisted in the coordination of community educational programs, acted as a resource to programs, and provided resource materials such as displays, posters, pamphlets and films.

As a result of the growing concern of chemical dependency among youth, programs such as "Tough Love" and "Another Chance" (programs for parents with drug and alcohol-abusing youth) as well as Families Anonymous became increasingly popular. Other specific programs receiving region staff assistance included a book display for schools, involvement in Safe Graduation programs, A.S.K. (Addictions: Services and Knowledge) and SCOTT (initiated at Scott Collegiate, Regina) peer counselling program for high school students.

Regional Alcoholism Facilities in Southern Saskatchewan

- **Follow-up Services**

– **Impaired Driver Treatment Program (I.D.T.P.)**: The Impaired Driver Treatment Program operated in the Central and South Regions. It functioned very well in 1982-83 with successful follow-up being provided to 617 clients as well as family members through individual, family and group counselling. The three participating agencies, the Saskatchewan Alcoholism Commission, the St. Louis Treatment Centre and the Department of Social Services (Probation Services), worked cooperatively to review and refine the program. Follow-up included weekly group sessions for clients and spouses, clinics in small communities and referrals to such resources as A.A., Al-Anon, Basic Skills Development, Manpower, Community Colleges and V.R.D.P. Many clients maintain contact with the agency after treatment and continue to follow a recovery plan.

- **Rehabilitation Services**

The purpose of the Rehabilitation Services in Central and South Divisions is to conduct, co-ordinate and promote programs for treating and rehabilitating those persons who are abusing or dependent upon alcohol and/or other drugs. Rehabilitative, education and support services are also provided to collaterals such as spouses and children. In addition, learning experiences for students and staff of agencies working in the chemical dependencies field are provided.

Assessment and planning provide the prerequisites for a treatment and rehabilitation process which is tailored to the specific needs of the individual. Such a process builds upon the assets of the clients and their support systems, fosters psychological growth and promotes the successful integration of the individual into his or her own community environment.

Facilities Operated by the Commission during 1982-83:

– Regina Rehabilitation Centre, 2140 Hamilton Street, Regina: This Centre provides day-patient and out-patient programs. During treatment, patients reside at Myers House. Staff at the Centre supervise a methadone program; methadone is dispensed at the Regina General Hospital.

– Calder Centre, 230 Avenue R South, Saskatoon: Calder Centre provides day-patient and in-patient programs for adults and out-patient and in-patient programs for youth. The Centre has an in-patient capacity for 25 patients and 15 spouses. As a result of an increase in all types of client requests, there have been more frequent group sessions and fewer individual counselling interviews. There has also been an increase in referrals of clients employed in the professional fields.

– Calder Out-Patient Clinic, 320 Fifth Avenue North, Saskatoon: The clinic provides group and counselling support services on an out-patient basis.

The following statistics demonstrate strong activity by Rehabilitation Services in areas such as rehabilitation, liaison with funded agencies and educational services:

Rehabilitation Caseload:
Saskatchewan Alcoholism Commission
Comparative Statistics
1981-82 and 1982-83

	Addicted	
	1981-82	**1982-83**
All Clients	1,928	1,919
Patient Days	16,999	14,951
	Non-Addicted	
	1981-82	**1982-83**
All Clients	611	785
Patient Days	3,559	5,311
	Total	
	1981-82	**1982-83**
All Clients	2,539	2,704
Patient Days	20,558	20,262

Programs of an educational nature which Rehabilitation Services provide in the Central Region include the Youth Program (Day and Live-in):

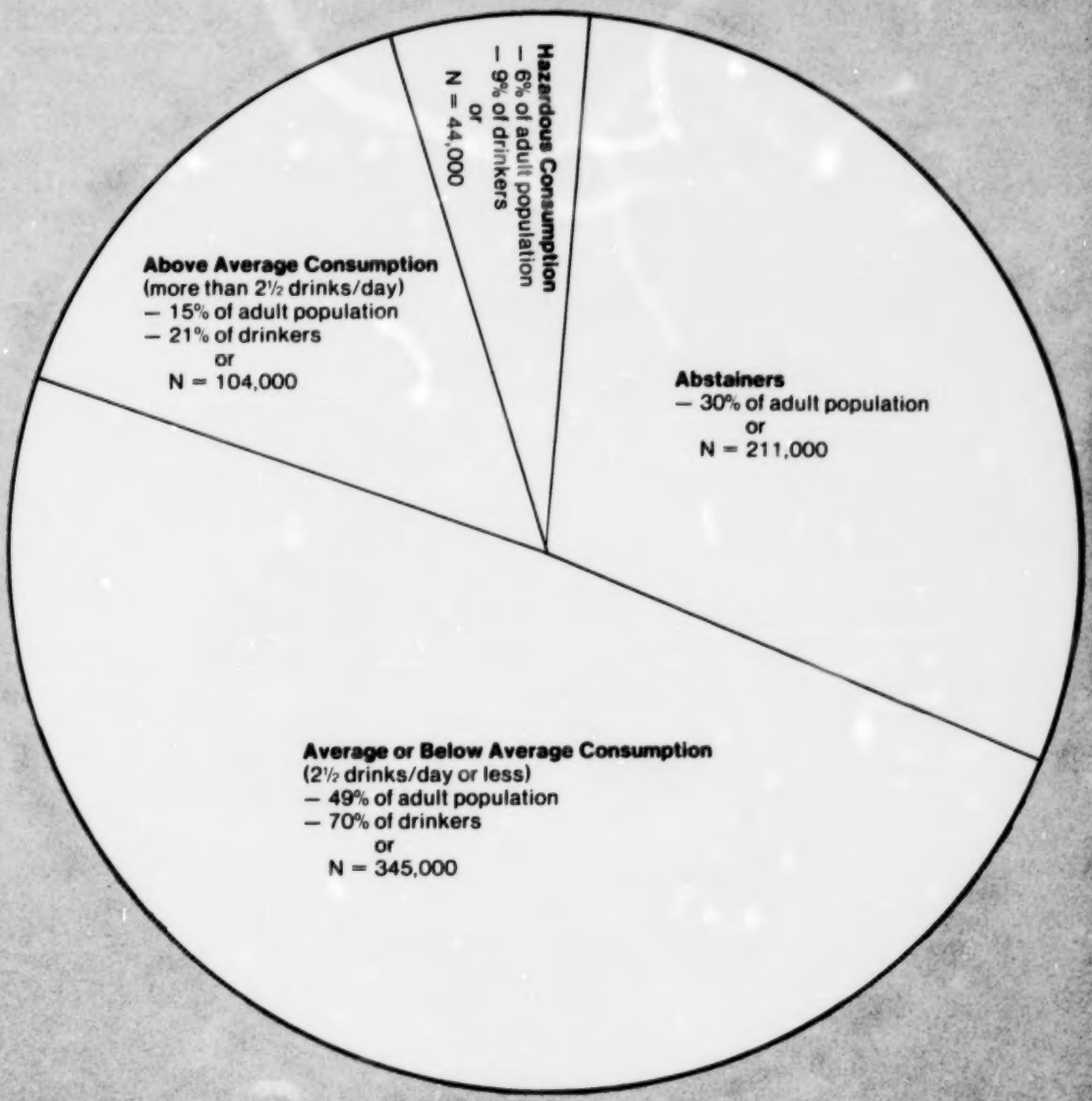
	Participants	
	1981-82	**1982-83**
Youth Program	55	149
Live-in Youth Program	75	55

Rehabilitation Caseload, Saskatchewan Alcoholism Commission and Funded Agencies, 1982-83

	Alcoholism Commission			Funded Agencies			All Facilities		
	Addicted	Non-Addicted	Total	Addicted	Non-Addicted	Total	Addicted	Non-Addicted	Total
In-Patient:									
Male	307	83	390	3,232	–	3,232	3,539	83	3,622
Female	125	239	364	1,055	–	1,055	1,180	239	1,419
Total (1982-83)	432	322	754	4,287	–	4,287	4,719	322	5,041
Patient Days (1982-83)	8,152	3,000	11,152	52,137	–	52,137	60,289	3,000	63,289
Total (1981-82)	557	240	797	4,600	–	4,600	5,157	240	5,397
Patient Days (1981-82)	10,251	1,883	12,134	51,801	–	51,801	62,052	1,833	63,935
Day-Patient:									
Male	328	29	357	–	–	–	328	29	357
Female	111	139	250	–	–	–	111	139	250
Total (1982-83)	439	168	607	–	–	–	439	168	607
Patient Days (1982-83)	6,799	2,311	9,110	–	–	–	6,799	2,311	9,110
Total (1981-82)	539	158	697	–	–	–	539	158	697
Patient Days (1981-82)	6,748	1,676	8,424	–	–	–	6,748	1,676	8,424
Out-Patient:									
Male	628	28	656	575	41	616	1,203	69	1,272
Female	420	267	687	278	154	432	698	421	1,119
Total (1982-83)	1,048	295	1,343	853	195	1,048	1,901	490	2,391
Total (1981-82)	832	213	1,045	409	58	467	1,241	271	1,572
All Clients:									
Male	1,263	140	1,403	3,807	41	3,848	5,070	181	5,251
Female	656	645	1,301	1,333	154	1,487	1,989	799	2,788
Total (1982-83)	1,919	785	2,704	5,140	195	5,335	7,059	980	8,030
Patient Days (1982-83)	14,951	5,311	20,262	52,137	–	52,137	67,088	5,311	72,399
Total (1981-82)	1,928	611	2,539	5,009	58	5,067	6,937	669	7,606
Patient Days (1981-82)	16,999	3,559	20,558	51,801	–	51,801	68,800	3,559	72,359

Levels of Alcohol Consumption in Adult Population (15 Years and Older)

Saskatchewan, 1980/81



Rehabilitation Caseload, Saskatchewan Alcoholism Commission and Funded Agencies, 1982-83

	Alcoholism Commission			Funded Agencies			All Facilities		
	Addicted	Non-Addicted	Total	Addicted	Non-Addicted	Total	Addicted	Non-Addicted	Total
In-Patient:									
Male	307	83	390	3,232	–	3,232	3,539	83	3,622
Female	125	239	364	1,055	–	1,055	1,180	239	1,419
Total (1982-83)	432	322	754	4,287	–	4,287	4,719	322	5,041
Patient Days (1982-83)	8,152	3,000	11,152	52,137	–	52,137	60,289	3,000	63,289
Total (1981-82)	557	240	797	4,600	–	4,600	5,157	240	5,397
Patient Days (1981-82)	10,251	1,883	12,134	51,801	–	51,801	62,052	1,833	63,935
Day-Patient:									
Male	328	29	357	–	–	–	328	29	357
Female	111	139	250	–	–	–	111	139	250
Total (1982-83)	439	168	607	–	–	–	439	168	607
Patient Days (1982-83)	6,799	2,311	9,110	–	–	–	6,799	2,311	9,110
Total (1981-82)	539	158	697	–	–	–	539	158	697
Patient Days (1981-82)	6,748	1,676	8,424	–	–	–	6,748	1,676	8,424
Out-Patient:									
Male	528	28	656	575	41	616	1,203	69	1,272
Female	420	267	687	278	154	432	698	421	1,119
Total (1982-83)	1,048	295	1,343	853	195	1,048	1,901	490	2,391
Total (1981-82)	832	213	1,045	409	58	467	1,241	271	1,572
All Clients:									
Male	1,263	140	1,403	3,807	41	3,848	5,070	181	5,251
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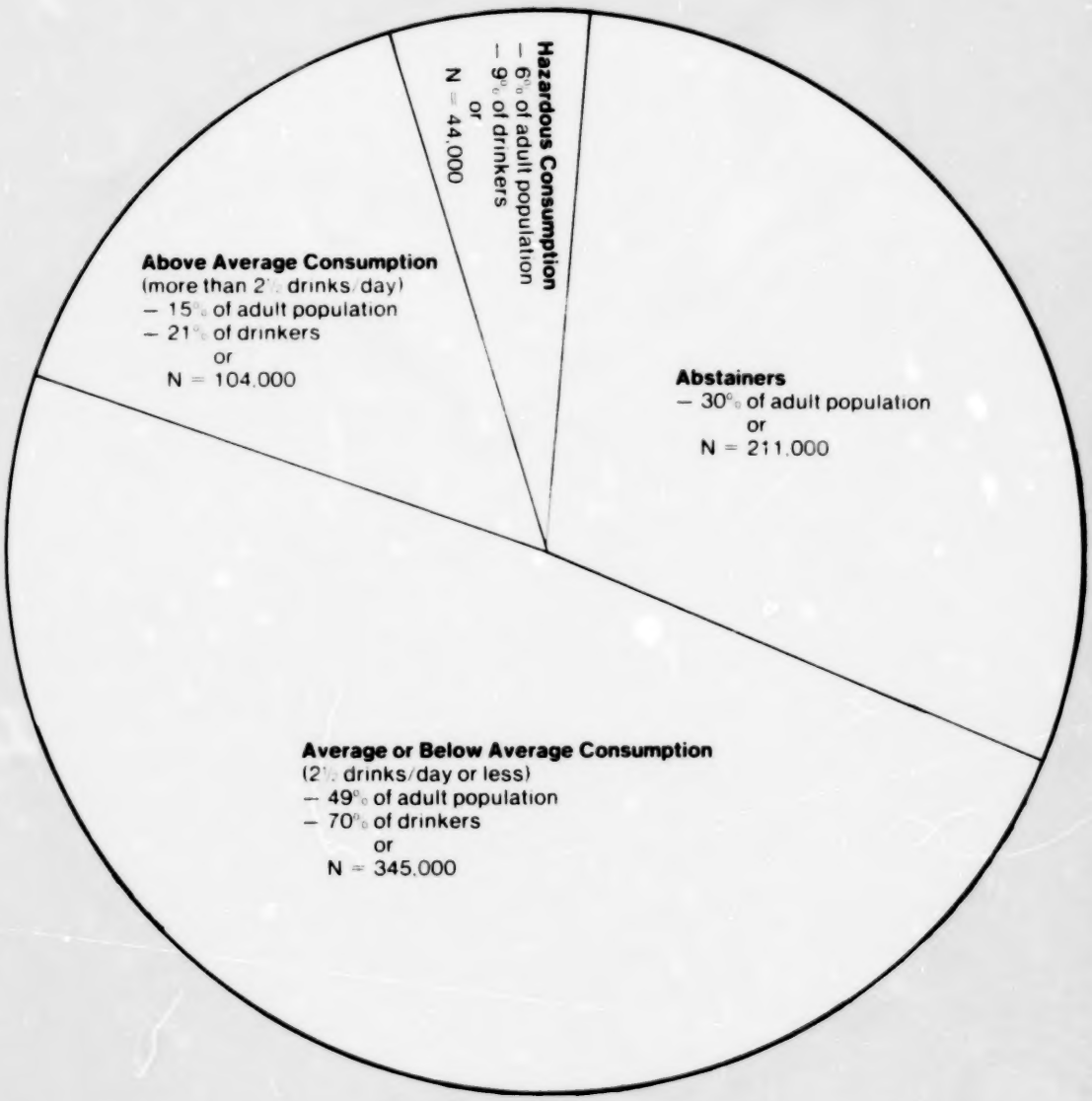
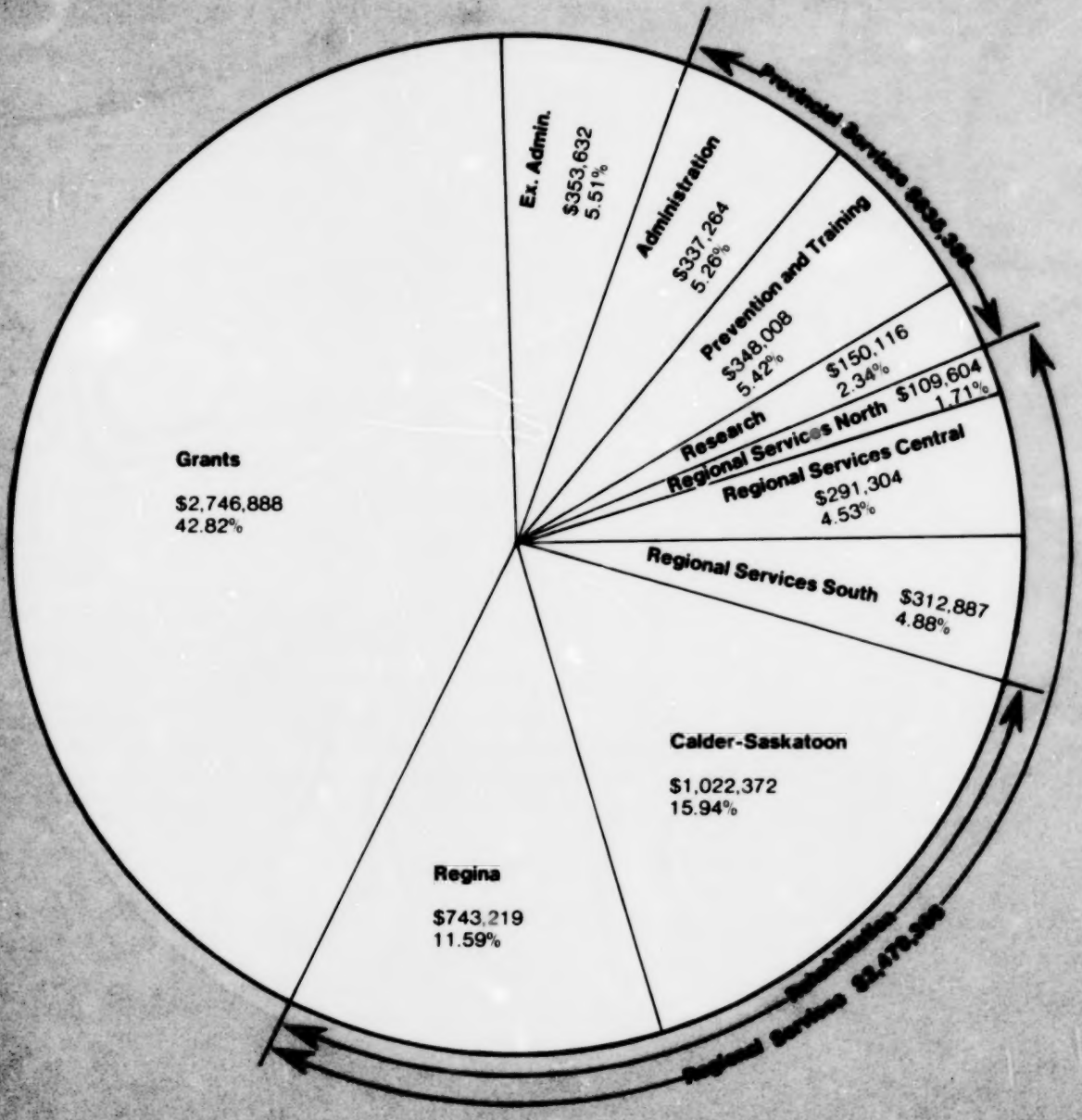
Levels of Alcohol Consumption in Adult Population (15 Years and Older)

Saskatchewan, 1980/81



The Saskatchewan Alcoholism Commission
Expenditure Chart
For the Fiscal Year 1982-83



Auditor's Report

To the Members of the Legislative Assembly
Province of Saskatchewan

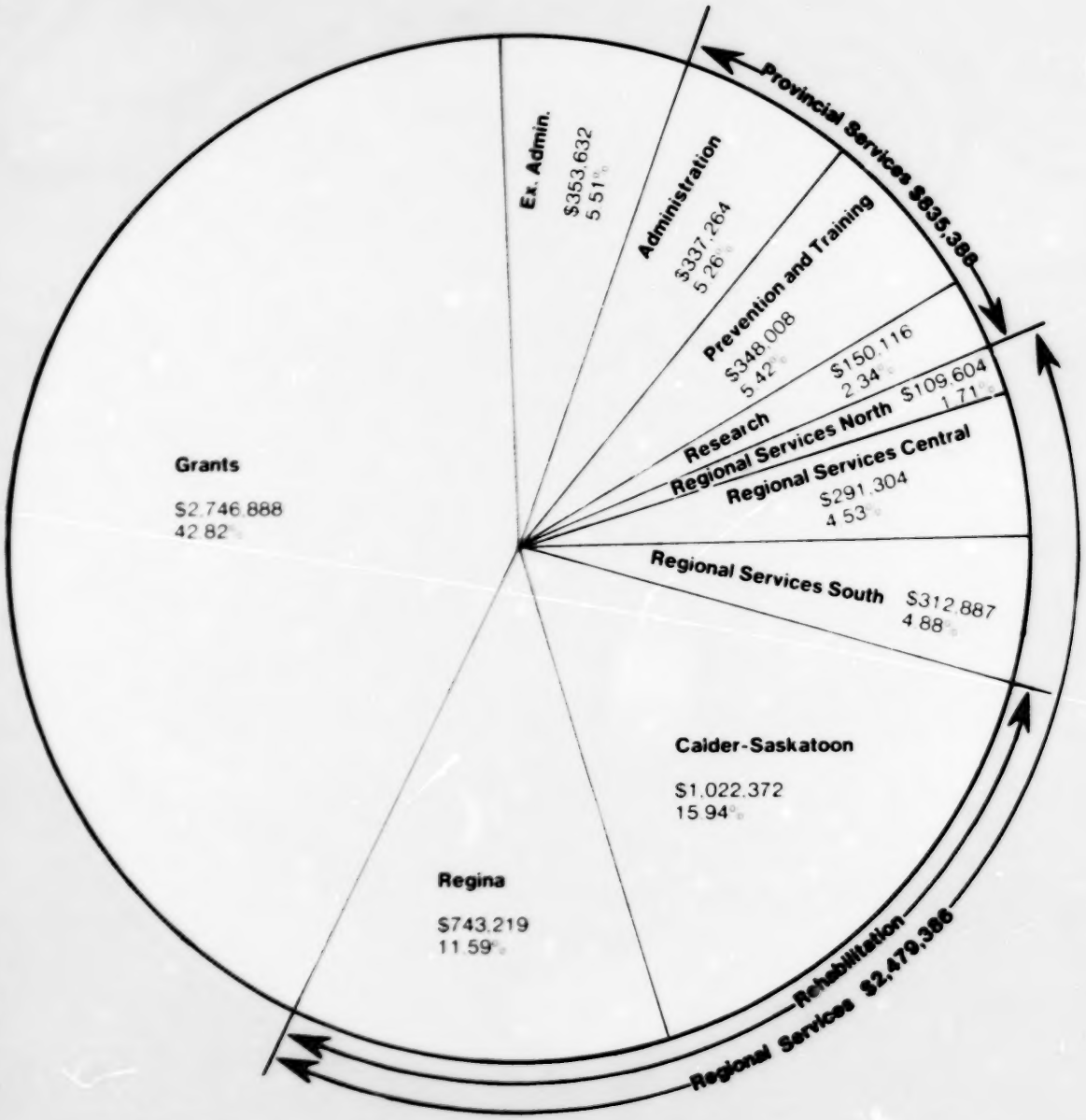
I have examined the balance sheet of the general fund and the contingency fund of The Alcoholism Commission of Saskatchewan as at March 31, 1983 and the statements of revenue, expenditure and fund balance and equity in fixed assets for the year then ended. My examination was made in accordance with generally accepted auditing standards, and accordingly included such tests and other procedures as I considered necessary in the circumstances.

In my opinion, these financial statements present fairly the financial position of The Alcoholism Commission of Saskatchewan as at March 31, 1983 and the results of its operations for the year then ended in accordance with generally accepted accounting principles applied on a basis consistent with that of the preceding year.

Regina, Saskatchewan
June 7, 1983.

W. G. Lutz, F.C.A.
Provincial Auditor.

The Saskatchewan Alcoholism Commission Expenditure Chart For the Fiscal Year 1982-83



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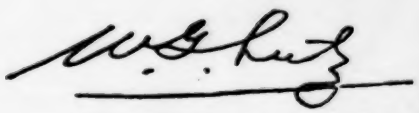

Regina, Saskatchewan
June 7, 1983.

W. G. Lutz, F.C.A.,
Provincial Auditor.

The Alcoholism Commission of Saskatchewan
General Fund Balance Sheet
As at March 31

	1983	1982
Assets		
Current Assets		
Cash	$220,923	$283,990
Short-term investments — at cost (which approximates market value)	—	74,016
Accounts receivable	1,435	5,300
Accountable advances	6,555	4,457
Total current assets	228,913	367,763
Fixed assets at cost (Statement 2) (Note 1)	458,997	428,169
	$687,910	$795,932
Liabilities and Equity		
Current Liabilities		
Accounts payable	$ 78,725	$290,456
	78,725	290,456
Equity		
Equity in fixed assets (Statement 2) (Note 1)	458,997	428,169
Fund balance (Statement 3)	150,188	77,307
	609,185	505,476
	$687,910	$795,932

(See accompanying notes to the financial statements)

The Alcoholism Commission of Saskatchewan
General Fund
Statement of Equity in Fixed Assets
Year Ended March 31

	Furniture and Equipment	Leasehold Improvements	1983 Total	1982 Total
Balance, beginning of year	$362,058	$66,111	$428,169	$376,525
Add: Purchases	59,909	10,036	69,945	51,644
	421,967	76,147	498,114	428,169
Deduct: Disposals	33,587	5,530	39,117	–
Balance, end of year	$388,380	$70,617	$458,997	$428,169

(See accompanying notes to the financial statements)

The Alcoholism Commission of Saskatchewan
General Fund
Statement of Revenue, Expenditure and Fund Balance
Year Ended March 31

	1983	1982
Revenue:		
Grant from Province of Saskatchewan	$6,363,593	$5,307,327
Other	124,582	98,598
	6,488,175	5,405,925
Collections on behalf of patient care	9,156	23,604
	6,497,331	5,429,529
Expenditures:		
Executive Administration	353,632	309,409
Regional Services		
Regional Services — North	109,604	—
— Central	291,304	254,338
— South	312,887	241,487
Calder Rehabilitation Centre	1,022,372	918,867
Regina Rehabilitation Centre	743,219	610,242
Provincial Services		
Administration	337,264	289,656
Prevention and Training	348,008	345,493
Evaluation and Research	150,116	120,230
Total all divisions	3,668,406	3,089,722
Grants:		
Battlefords Out-Patient Centre	64,600	30,000
Community Development	7,583	4,955
Crysler Residence	86,771	83,300
Danny Fisher Centre	56,000	30,700
Federation of Saskatchewan Indians	108,556	116,470
Gusway Gerry Residence	232,500	192,000
Larson Intervention Centre	243,000	205,780
Lloydminster Intervention Centre	103,000	88,834
Melfort Out-Patient Centre	57,500	30,000
Moose Jaw Intervention Centre	215,978	174,600
Native Alcohol Council	300,000	275,000
Native Alcohol Out-Patient and Crisis Centre	115,000	104,250
Native Alcohol Rehabilitation Centre	550,000	477,390
Prince Albert Alcoholism Council	105,000	94,400
St. Louis Rehabilitation Centre	462,000	406,710
Yorkton Out-Patient Centre	39,400	34,000
Total grants	2,746,888	2,348,389
	6,415,294	5,438,111
Payments on behalf of patient care	9,156	23,604
	6,424,450	5,461,715
Excess (deficiency) of revenue over expenditure	72,881	(32,186)
Fund balance, beginning of year	77,307	109,493
Fund balance, end of year	$ 150,188	$ 77,307

(See accompanying notes to the financial statements)

The Alcoholism Commission of Saskatchewan
Contingency Fund
Balance Sheet
As at March 31

	1983	1982
Assets		
Cash	$10,545	$ 5,858
Short-term investments — at cost (which approximates market value)	54,589	69,082
Accrued interest receivable	40	918
	$65,174	$75,858
Fund Balance		
Fund balance (Statement 5) (Note 2)	$65,174	$75,858

(See accompanying notes to the financial statements)

The Alcoholism Commission of Saskatchewan
Contingency Fund
Statement of Revenue, Expenditure and Fund Balance
Year Ended March 31

	1983	1982
Revenue:		
Donations	$ 4,498	$ 4,151
Interest	8,659	12,134
	13,157	16,285
Expenditures:		
Special projects	23,841	15,750
Excess (deficiency) of revenue over expenditure	(10,684)	535
Fund balance, beginning of year	75,858	75,323
Fund balance, end of year (Note 2)	$65,174	$75,858

(See accompanying notes to the financial statements)

The Alcoholism Commission of Saskatchewan
Notes to Financial Statements
March 31, 1983

1. **Accounting Policies**

   a) Fixed Assets

   The Commission follows the policy of charging to current year's expenditure the full cost of all fixed assets purchased during the year. The Commission reports on its balance sheet the cost of all fixed assets owned with a corresponding figure reported as "Equity in Fixed Assets".

   b) Occupancy Costs

   In accordance with government accounting policy, costs such as occupancy costs which are not normally allocated between government agencies are not charged to the Commission. As a result, there are no occupancy costs for the offices of the Executive Administration, Administration, Prevention and Training, and Evaluation and Research.

2. **Contingency Fund**

   The Contingency Fund is authorized under Section 9 of The Alcoholism Commission of Saskatchewan Act R.S.S. 1978. In accordance with the regulations, only revenue from private sources may be placed in the fund and expenditures may be made for special purposes such as research, travel, scholarships, bursaries, equipment and property. Although the regulations do not specify the accounting treatment of interest earned by the fund, the Commission has adopted the policy of including interest as revenue of the fund.

3. **Comparative Figures**

   Certain of the 1982 figures have been reclassified to conform to the 1983 presentation.

POOR

QUALITY

ORIGINAL